

# New Patient Information

Please complete this form in its entirety. You may call 907-622-7246 if you need any help understanding or completing any part of it. Thank you.



## Demographic Information

Your Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Any Previous Names you have gone by: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Driver's License # / State: \_\_\_\_\_

Preferred Phone: \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

Street Address: \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Mailing Address (if different) \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Email (required for Medicare) \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Gender:  Male  Female Marital Status:  Married  Single  Divorced  Widowed

Race (required for Medicare)  American Indian or Alaskan Native  Asian or Pacific Islander  Black  
 White  Refuse to Report

Ethnicity(required for Medicare)  Hispanic  Non-Hispanic  Refuse to Report

Primary Language:  English  Korean  Russian  Spanish  Tagalog  Other \_\_\_\_\_

Disabilities requiring special assistance: \_\_\_\_\_

### Primary Insurance Plan

Payer (e.g. BC/BS): \_\_\_\_\_ Plan: \_\_\_\_\_

Policy/I.D. Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Complete this box if you are *not* the policy holder for your primary insurance \_\_\_\_\_

Insurance policy holder:  Self  Spouse  Child  Other: \_\_\_\_\_

Policy Holder Name: \_\_\_\_\_ Policy Holder Gender:  Female  Male

Date of Birth: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

### Secondary Insurance Plan (if any)

Payer (e.g. BC/BS): \_\_\_\_\_ Plan: \_\_\_\_\_

Policy/I.D. Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Complete this box if you are *not* the policy holder for your secondary insurance \_\_\_\_\_

Insurance policy holder:  Self  Spouse  Child  Other: \_\_\_\_\_

Policy Holder Name: \_\_\_\_\_ Policy Holder Gender:  Female  Male

Date of Birth: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

NAME \_\_\_\_\_

HEIGHT \_\_\_\_\_

WEIGHT \_\_\_\_\_

### Allergies

Please list all medication allergies below, or check "None" if none known. None

Medication	Reaction	Medication	Reaction

Topical Allergies: Iodine Latex Tape

Are you allergic to shellfish? Yes No

### Current Medications

Please list *all* medications you are currently taking. Attach an additional sheet, if required.

Medication Name	Dose	Frequency	Medication Name	Dose	Frequency

### Medical History (Check all that apply)

- (FEMALES ONLY) Date of last menstrual period? \_\_\_\_\_ # of pregnancies/births: \_\_\_ / \_\_\_
- AIDS/HIV       Alcoholism       Anemia       Anxiety       Asthma
- Atrial fibrillation     Bipolar mood disorder     Cancer \_\_\_\_\_
- Chronic kidney disease     Cirrhosis       Congestive heart failure       COPD
- Coronary disease       Depression       Diabetes       Epilepsy / seizures
- Fibromyalgia       Gastric ulcer       Heart attack       Hepatitis A / B / C (circle all that apply)
- High blood pressure       High cholesterol     Lupus       Menstrual problems
- Migraines       Multiple sclerosis       Pacemaker/defibrillator       Rheumatoid arthritis
- Schizophrenia       Sexually transmitted infections \_\_\_\_\_
- Sleep apnea       Thyroid problems: high / low       Tuberculosis
- Other \_\_\_\_\_

NAME \_\_\_\_\_

**Accident/Trauma History (Since age 18; check all that apply.)**

- Fractures / dislocations    Head injury    Injury from auto accident    Blood transfusion  
 Injury from assault or combat    Alcohol or drug-related injury

**Surgical History (Please write down any operations you have had, and the year if you remember)**

\_\_\_\_\_  
\_\_\_\_\_

**Social / Spiritual History**

Occupation \_\_\_\_\_ Currently working? Y / N # Days worked last month \_\_\_\_\_

Highest level of education \_\_\_\_\_ Technical / Trade training \_\_\_\_\_

Means of transportation? \_\_\_\_\_ Own or rent home/apartment? \_\_\_\_\_

Living with \_\_\_\_\_

Are you capable of becoming pregnant ? YES / NO Sexually active ? \_\_\_\_\_

Do you consider yourself spiritual or religious ? YES / NO \_\_\_\_\_

**Family History (BIOLOGICAL PARENTS ONLY – if you are adopted / do not know your biological parents please skip this section; if your biological parents are deceased please check “deceased”). Otherwise, please check all that apply.**

Mother:  Deceased    Alcoholism    Other substance abuse \_\_\_\_\_

Anxiety    Cancer \_\_\_\_\_    COPD    Depression

Diabetes    Heart problems    High blood pressure    Kidney problems

Thyroid problems    Other \_\_\_\_\_

Father:  Deceased    Alcoholism    Other substance abuse \_\_\_\_\_

Anxiety    Cancer \_\_\_\_\_    COPD    Depression

Diabetes    Heart problems    High blood pressure    Kidney problems

Thyroid problems    Other \_\_\_\_\_

NAME \_\_\_\_\_

Siblings:  Alcoholism       Other substance abuse \_\_\_\_\_

**Review of Systems (Circle any you have experienced in the past 2 weeks)**

**Constitutional**

Fatigue  
Fever / Chills  
Night Sweats  
Weight Loss / Gain  
Insomnia

**Eyes**

Recent Visual Changes

**Head/ENT**

Headache  
Sinus problems  
Hearing Problems  
Ringing in the Ears  
Recurrent Sore Throats  
Dizziness (Vertigo)  
Dental Problems

**Respiratory**

Shortness of breath  
Cough  
Coughing up blood  
Wheezing

**Cardiovascular**

Chest Pain  
Palpitations  
Shortness of Breath  
Nighttime Shortness of Breath  
Can't Sleep Laying Flat

Fainting/Lightheadedness  
Feet or Leg Swelling

**Gastrointestinal**

Loss of appetite  
Difficulty swallowing  
Heartburn  
Nausea / Vomiting  
Vomiting Blood  
Bloody or Dark, Tarry  
Stools  
Abdominal Pain / Cramps  
Diarrhea  
Constipation

**Genitourinary**

Blood in Urine  
Change in Urine  
Flow/Frequency  
Flank Pain  
Painful Urination  
Urinary incontinence

**Endocrine**

Excessive thirst  
Cold tolerance decrease  
Heat tolerance decrease  
Excessive sweating  
Weakness of muscles

**Hematologic**

Easy bleeding  
Easy bruising

**Musculoskeletal**

Neck Pain / Back Pain  
Muscle Aches / Spasms  
Joint Pain  
Joint Swelling / Stiffness

**Neurological**

Dizziness / Fainting  
Confusion / Memory Loss  
Speech disturbance  
Limb weakness / Paralysis  
Involuntary movements  
Instability When Walking  
Numbness / Tingling  
Seizures  
Tremors

**Psychiatric**

Feeling Anxious  
Depressed Mood  
Suicidal Thoughts  
Suicidal Planning

**Skin**

New skin discoloration  
New rash  
Open sores

NAME \_\_\_\_\_

## Mental Health History

Have you ever been hospitalized for mental health concerns or problems? Y / N

Have you ever hurt yourself on purpose? Y / N      Have you ever tried to kill yourself? Y / N

Have you ever been treated by a mental health provider? Y / N

Are you currently being treated by a mental health provider? Y / N

<b>Over the past 2 weeks, how often have you been bothered by any of the following problems?</b>		Not at all	Several days	More than half the days	Nearly every day
1.	Little interest or pleasure in doing things	0	1	2	3
2.	Feeling down, depressed or hopeless	0	1	2	3
3.	Trouble falling asleep, staying asleep, or sleeping too much	0	1	2	3
4.	Feeling tired or having little energy	0	1	2	3
5.	Poor appetite or overeating	0	1	2	3
6.	Feeling bad about yourself – or that you are a failure or have let yourself or your family down	0	1	2	3
7.	Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8.	Moving or speaking much more slowly than usual; Or the opposite – fidgety or restless	0	1	2	3
9.	Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

<b>Over the past 2 weeks, how often have you been bothered by any of the following problems?</b>		Not At All	Several Days	More Than Half the days	Nearly Every Day
1.	Feeling nervous, anxious, or on edge	0	1	2	3
2.	Not being able to stop or control worrying	0	1	2	3
3.	Worrying too much about different things	0	1	2	3
4.	Trouble relaxing	0	1	2	3
5.	Being so restless that it is hard to sit still	0	1	2	3
6.	Becoming easily annoyed or irritable	0	1	2	3
7.	Feeling afraid, as if something awful might happen	0	1	2	3

NAME \_\_\_\_\_

## Substance Abuse History

Is your treatment at the directive of a court system or the correctional system? Y/N

Are you currently on parole? Y/N Name / phone # of parole officer: \_\_\_\_\_

What is/are your drug(s) of choice? \_\_\_\_\_

For what are you seeking treatment through Set Free? \_\_\_\_\_

Have you ever been incarcerated for substance-related issues? Y/N

Have you had other legal troubles because of substance-related issues? Y/N

I consider my initial or "gateway" substance to be \_\_\_\_\_

### **Please write in any and all substances that apply to the questions below:**

I've used more of \_\_\_\_\_ than I want to.

(I've used them longer than I want to, also) Y/N

I've been unable to cut back on my use of \_\_\_\_\_

I spend too much time trying to get, use or recover from using \_\_\_\_\_

I crave (substance) \_\_\_\_\_

My use of \_\_\_\_\_ causes relationship and interpersonal problems.

My use of \_\_\_\_\_ has compromised / negatively affected work,  
social or recreational activities

I use / have used \_\_\_\_\_ in risky/dangerous ways or situations.

I keep using \_\_\_\_\_ even though I know it's harming my body and  
mind.

I've become tolerant to (need more of) \_\_\_\_\_

I've experienced withdrawal from \_\_\_\_\_

Have you ever been hospitalized or gone to the Emergency Room for complications from drugs? Y/N

Have you ever overdosed? Y/N On what? \_\_\_\_\_

NAME \_\_\_\_\_

Have you had any known health problems from substances (like liver disease, seizures, infections, heart problems)? \_\_\_\_\_

Please fill out the following:

	Alcohol	Opioids (including heroin, fentanyl)	Methamphetamines	Marijuana	Other (fill in) _____
Age I first used					
How I got started					
When it became a problem					
Amount I use daily (average)					
Most I ever used in a day					
\$ amount I spend on, weekly					
Last time I used					
Longest time period I was clean					
Inpatient/residential treatment / Where?					
<i>[I completed inpatient/residential]</i>					
Outpatient treatment / Where?					
<i>[I completed outpatient/residential]</i>					
How many treatment episodes total have you done for:					
Have you ever been treated with medicine for substance abuse?					

I am currently :



**Not ready for change**

**Ready for change**

NAME \_\_\_\_\_

## Medical History and Consent for Treatment, Including TeleHealth Consent

*Initial next to each paragraph to indicate that you have read, understood and agree with its content.*

\_\_\_ I authorize Northern Anesthesia & Pain Medicine (NAPM) and any associates, assistants, and other health care providers it may deem necessary, to treat my condition. I understand that no warranty or guarantee has been made of a specific result or cure. I agree to actively participate in my care to maximize its effectiveness.

\_\_\_ I acknowledge that I have had the opportunity to review NAPM's Notice of Privacy Practices, which is displayed for public inspection at its facility and on its website. This Notice describes how my protected health information may be used and disclosed, and how I may access my health records.

\_\_\_ I acknowledge that I have had the opportunity to review NAPM's Price Transparency Fee Schedule, which is displayed for public inspection at its facility and on its website.

\_\_\_ I give my consent for NAPM to retrieve and review my medical and behavioral health history. I understand that this will become part of my medical record.

\_\_\_ I authorize NAPM to release my Protected Health Information (medical records) to my referring physician, primary care physician, and any physician(s) I may be referred to. I also authorize NAPM to release any information required in obtaining procedure authorization or the processing of any insurance claims.

\_\_\_ I understand that NAPM will not release my Protected Health Information to any other party (including family) without my completing a written "Patient Authorization for Use and Disclosure of Protected Health Information" form, available at its facility and on its website.

\_\_\_ *If, during or after the COVID19 National Public Health Emergency my NAPM Provider advises the use of telehealth services, I consent/agree to receive telehealth services including assessment, treatment, diagnosis, and education, using interactive audio, video, and data communications. During my visit, my NAPM Provider and I will be able to see and speak with each other from remote locations. I consent to forwarding my information to a third party as needed to receive telehealth services, and I understand that existing confidentiality protections apply. I acknowledge that while telehealth can be used to provide improved access to medical care, as with any medical procedure, there are potential risks and no results can be guaranteed or assured.*

*I understand and agree that potential risks of telehealth include: (i) limited or no availability of diagnostic laboratory, x-ray, EKG, and other testing, and some prescriptions, to assist my medical provider in diagnosis and treatment; (ii) my provider's inability to conduct a hands-on physical examination of me and my condition; and (iii) delays in evaluation and treatment due to technical difficulties or interruptions, distortion of diagnostic images or specimens resulting from electronic transmission issues, unauthorized access to my information, or loss of information due to technical failures. I will not hold NAPM responsible for lost information due to technological failures.*

*I further understand that my NAPM Provider's advice, recommendations, and/or decisions may be based on factors not within his/her control, including incomplete or inaccurate data provided by me. I understand that my NAPM Provider relies on information provided by me before and during our telehealth encounter and that I must provide information about my medical history, condition(s), and current or previous medical care that is complete and accurate to the best of my ability.*



NAME \_\_\_\_\_

\_\_\_ I may discuss these risks and benefits with my NAPM Provider and will be given an opportunity to ask questions about telehealth services. I have the right to withdraw this consent to telehealth services or end the telehealth session at any time without affecting my right to future treatment by NAPM.

I understand that reasonable and appropriate efforts have been made to eliminate any confidentiality risks associated with the telehealth consultation. All existing confidentiality protections under federal and Alaska State law apply to information disclosed during this telehealth consultation.

I understand that telehealth visits are currently covered by all major forms of health insurance however as with all medical services I am ultimately responsible for payment of services rendered by NAPM.

\_\_\_ I understand that NAPM, as a Christian faith-based organization may offer prayer to me, which I have the right to refuse. I understand that NAPM may request offsite prayer on my behalf for my physical, mental/emotional and spiritual health condition, disclosing only my first name, and I have the right to forbid this by signing here: \_\_\_\_\_

\_\_\_ I certify that the information herein is accurate, complete and true.

By my signature below, I certify that I have read, understood and agree with all provisions of NAPM's consent for treatment.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_